

Île de Ré

Conquer the 'Pearl of the Atlantic'!

Explore Île de Ré's charm by bike thanks to the wealth of cycle paths available. You will be delighted by the authenticity and the varied scenery of the island's 10 villages, including ports, beaches, cobbled streets, etc. This seductive island attracts many celebrities.



A guaranteed change of scenery

The hollyhocks and mimosas are not mistaken, **sweetness** does indeed reign here! Breathing in the **sea air** and unwinding in the diverse and varied natural landscapes are the main reasons why people come to this island. Crossing the bridge evokes a sense of **freedom**. You feel like you have escaped, when in reality you are closer to the rest of the world than you might think...

A renowned gastronomy

On the east side of the island the **PDO potato** is the pride and joy of market gardeners. In the north, salt marshes reveal the island's "white gold": the **sea salt** and the "**fleur de sel**", which are ideal for flavouring dishes. **Oysters** are also very popular and **Charentais wines** go very well with your meals. Try regional products at the many markets on the island.

A land of Art and History

As the first French island to receive the accreditation, its **rich heritage** is just waiting to be explored: lighthouses, churches, mills, fishing locks, etc. Marvel at the bandstand in La Couarde, the Pyramide des Chaumes in Saint-Clément-des-Baleines and the custom officer's cabin on the Ars route, etc. There are many treasures that tell the island's history and will make you fall in love with the place...

Our other favourites

- **Nature:** Trousse-Chemise beach, Lilleau des Niges nature reserve and La Moufette lock are amongst the places where you will enjoy relaxing,
- **Visits and outings:** share pleasant moments meeting donkeys dressed in trousers, climbing to the top of the Whales Lighthouse, discovering the old port and La Rochelle aquarium,
- **Sports:** walks and sea fishing, paddle boarding or canoeing in the marshes, hiking or cycling, etc. There's something for all the family!



The vineyards



A typical street



La Rochelle



La Rochelle aquarium



Salt marshes



On bike in the island

Île d'Oléron

Holidays on the 'Luminous Island'

The Île d'Oléron is the largest island in the Charente- Maritime archipelago. Let its authenticity seduce you with its small villages, vast beaches, oyster-farming beds with their multi-coloured huts, marshes, state forest and cliffs.



Traditional villages

Take a walk and visit the numerous little villages all over the island. Villages full of **traditional fisherman's houses**, including Boyardville, Arceau and Domino etc. Don't miss out on visiting the island's 8 communes, each with their own point of interest: Le Château d'Oléron and its fortification, La Cotinière and its fishing port, Saint-Denis and its lighthouse, etc.

Nature above all

On the Île d'Oléron, there is a place for everyone: **long, fine sandy beaches** for relaxing in La-Brée-les-Bains, **vast pine forests** for hiking in Saint-Georges and marshland areas for **bird watching** like in Saint-Trojan-les-Bains, etc. The island's nature spots are very popular.

Sport and well-being

If you are a thrill seeker you will be over the moon with the many **water sports** activities available, unless you'd prefer to fly over them during an **introductory flying lesson!** There are many rambling opportunities available, **on foot or by bike.** Daily thalassotherapy treatments will be a comfort after these exhilarating activities.

Our other favourites

- **Heritage:** Le Château Oléron's citadel and the famous Fort Boyard teach you about conflicts during the era and you will be able to explore the oldest active lighthouse in Chassiron,
- **The Land and its food:** the oysters of Marennes Oléron, farmed mussels that form part of the traditional Charentais dish 'églande' and "la bière des Naufrageurs" (ship wrecker's beer) which comes in 18 flavours,
- **Visits and outings:** the Museum of the Île d'Oléron, you can also visit the Hermione ship and the Corderie Royale at Rochefort or meet the 1,600 animals in La Palmyre zoo...



Fort Boyard



La Palmyre Zoo





The famous oysters

Bicycle ride



The Hermione



Clams fishing



Fishermen's huts